



Voluntary
SERVICES
Part of St Andrew's Healthcare

Volunteers Needed... Can You Help?

St Andrew's Healthcare, BIRMINGHAM

are looking for the following:

BEFRIENDERS

to bring some sunshine and friendship to patients who may not receive visits from family or friends

VOLUNTEER DRIVERS

to transport patients and their staff as part of our Voluntary Car Scheme

EVENTS VOLUNTEERS

joining staff to help patients enjoy fun and enriching activities and events

HORTICULTURAL VOLUNTEERS

to assist patients with horticultural activities inc planting, growing, allotment

PATIENT ACTIVITY VOLUNTEERS

to assist patients with activities such as Arts, Crafts, IT, Dance, Music, Textiles, Horticulture, Cooking

PATIENT ESCORT VOLUNTEERS

This is a voluntary role for St Andrew's staff only

PATIENT VISITOR VOLUNTEERS

to bring sunshine and light to our patient's on the wards

PEN FRIENDS

to enrich our patients lives with Pen-Pal friendships. This is a role for St Andrew's staff only

PETS AS THERAPY VOLUNTEERS

to take your dog(s) to visit patients on wards or at events within St Andrew's Healthcare



Volunteer Title: Please see reverse for options of all voluntary opportunities

Location: St Andrew's Healthcare, Birmingham

Hours: This would vary depending on the voluntary role. (Roles vary from 2 - 7 hrs per time)

Days: Mon | Tues | Wed | Thurs | Fri | Sat | Sun

(Again, this would vary depending on which role you were interested in and your availability. You choose which day /days you would like to volunteer on and usually work the same day each week.

Requirements: If you would like to join our sociable, pro-active and award-winning team to help make a real and positive difference in our patient's lives, then you could be the volunteer we are looking for. Would you like to help bring some cheer to a patient? Are you able to work in a team, commit to the same shift (or shifts if you can do more than one) per week? Are you able to use your own initiative and work independently? Do you have skills or hobbies that you could share? Are you reliable, non-judgemental, warm, friendly, a good listener with a good sense of humour and good communication skills? If so, we would love to hear from you. Your personality, language, culture, interests and good nature could be just what a patient needs and we are looking for. We look forward to hearing from you soon.

About: St Andrew's is the UK's leading charity providing specialist mental health care with a reputation grown over 175 years. We have sites in Northampton, Birmingham, Essex and Mansfield where we provide specialist and secure care pathways in mental health and neuropsychiatry. Our expertise includes trauma, personality disorder, psychosis, autism, learning disability, brain injury and progressive neurological conditions such as Huntington's disease and dementia. **We have a wonderful and dedicated team of volunteers across all sites, who enrich our patients lives every day by donating their skills, time and talents. In return, St Andrew's volunteers are trained, supported, nurtured and valued.** If you would like to join our team of volunteers for any of our volunteering roles, then please get in touch.

INTERESTED?

Then please contact us to find out more

Contact: Dawn Wright - dmwright@standrew.co.uk 01604 616212 or

Jan Elliot - jpelliot@standrew.co.uk 01604 616264

Voluntary Services, St Andrew's Healthcare, Billing Road, Northampton, NN1 5DG

Thank you for your interest